

## **Office of Compline**

The Lord almighty grant us a quiet night and a perfect end. **Amen.**

Our help is in the name of the Lord  
**who made heaven and earth.**

Lighten our darkness, Lord, we pray;  
and in your mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. **Amen.**



**Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.**

**From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.**

**O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.**

*Let us say sorry to God.*

**Most merciful God, we have sinned in thought, word and deed: we are truly sorry and ask you to forgive us. Help us by your Spirit to live the new life in Christ, loving you will all our heart, and our neighbours as ourselves; for Jesus Christ sake. Amen.**

O God, make speed to save us.

**O Lord, make haste to help us.**

**Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.**

## **Psalm 91**

**Whoever dwells in the shelter of the Most**

**High ◆**

and abides under the shadow of the Almighty,

**Shall say to the Lord, 'My refuge and my  
stronghold, ◆**

my God, in whom I put my trust.'

**For he shall deliver you from the snare of the  
fowler ◆ and from the deadly pestilence.**

**He shall cover you with his wings and you shall  
be safe under his feathers; ◆**

his faithfulness shall be your shield and buckler.

**You shall not be afraid of any terror by night, ◆**  
nor of the arrow that flies by day;

**Of the pestilence that stalks in darkness, ◆**  
nor of the sickness that destroys at noonday.

**Though a thousand fall at your side and ten  
thousand at your right hand, ◆**

yet it shall not come near you.

**Your eyes have only to behold ◆**

to see the reward of the wicked.

**Because you have made the Lord your**

**refuge ◆ and the Most High your stronghold,**

**There shall no evil happen to you, ◆**

neither shall any plague come near your tent.

**For he shall give his angels charge over you, ◆**  
to keep you in all your ways.

**They shall bear you in their hands, ◆**

lest you dash your foot against a stone.

**You shall tread upon the lion and adder; ◆**

the young lion and the serpent you shall trample underfoot.

**Because they have set their love upon me,  
therefore will I deliver them; ◆**

I will lift them up, because they know my name.

**They will call upon me and I will answer  
them; ◆**

I am with them in trouble, I will deliver them and bring them to honour.

**With long life will I satisfy them ◆**

and show them my salvation.

**Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.**

Almighty God have mercy on us, forgive us our sins, and keep us in life eternal. **Amen.**

Lord, you are in our midst, we are called by your name. Do not desert us, O Lord our God. Jer. 14:9

Into your hands, O Lord, I commit my spirit.

**Into your hands, O Lord, I commit my spirit.**

You will redeem me, O Lord God of truth.

**Into your hands, I commit my spirit.**

Glory to the Father, and to the Son, and to the Holy Spirit.

**Into your hands, O Lord, I commit my spirit.**

#### **Nunc Dimitis**

Save us, Lord, while we are awake:  
guard us while we are asleep; that awake we may  
watch with Christ, and asleep may rest in peace.

**Lord, now let your servant go in peace:**

**Your word has been fulfilled.**

**My own eyes have seen the salvation:**

**Which you have prepared in the sight of all the people:**

**A light to reveal you to the nations:**

**And the glory of your people Israel.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and shall be for ever. Amen.**

Save us, Lord, while we are awake;  
guard us while we are asleep; that awake we may  
watch with Christ, and asleep may rest in peace.

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy; may your holy angels dwell with us and guard us in peace, and may your blessing be always upon us; through Jesus Christ our Lord.

**Amen.**

#### **Silent prayers followed by**

**Our Father, who art in heaven, hallowed be thy name: thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**  
Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**  
As the night watch looks for the morning,  
**so do we look for you, O Christ.**  
The Lord bless us and watch over us; the Lord make his face shine upon us and be gracious to us; the Lord look kindly on us and give us peace.  
**Amen.**

Be with us merciful God, and protect us through the silent hours of this night: that we, who are wearied by the changes and chances of this fleeting world. May rest upon your eternal changelessness; through Jesus Christ our Lord.  
**Amen.**

The Lord is here.      **His Spirit is with us.**

Let us bless the Lord. **Thanks be to God.**

The almighty and merciful Lord, the Father, the Son and the Holy Spirit, bless and preserve us.  
**Amen**

